

A open letter to doctors about being inclusive

A co-design team of LGBTQIA+ people with intellectual disability wrote a letter to doctors and health workers.

The letter explains how doctors and health professionals can be more inclusive. Inclusive means that everyone feels welcome and things are fair.

In the letter, the team asks doctors to:

- treat them with respect
- talk in ways they can understand
- support their gender and sexuality
- offer accessible health care
- ask questions and listen
- respect their right to make choices
- use the right name and pronoun.

The letter is part of a project called Information for Inclusion. The project is run by Deakin University, Inclusion Designlab, and Thorne Harbour Health.

We trust this resource

We trust this resource because it is:

- Made with people with intellectual disability
- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Inclusion Design Lab

Victoria's longest serving community-based support organisation supporting people with cognitive and intellectual disabilities and those who are socially isolated, to build genuine relationships, discover and develop recreational and vocational skills, exercise full citizenship, and pursue meaningful opportunities for employment and further education.

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An LGBTIQ+ community-controlled health organisation in South Australia.

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