

Resources to help you understand and manage diabetes

Diabetes Australia has made resources for people with intellectual disability. They put the resources on a website. The website is for people with diabetes and people who might get diabetes.

On the website you can:

- watch videos about diabetes
- find out when to get health checks
- learn about the medicines you might need
- get help when you need to see a health professional
- get tools to help you manage your health.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Diabetes Australia

Diabetes

A health condition where the body has trouble controlling amount of sugar in the blood.

Australia is the national body for people affected by all types of diabetes. Through leadership, prevention, management and research, Diabetes Australia wants to reduce the impact of diabetes.

- [Visit website](#)