

Good health appointments for people with intellectual disability

This checklist gives tips to help people with intellectual disability get the health care they need.

You can use the checklist to learn what patients may need and how to support them.

The checklist has ideas to help health services:

- share health information in ways people can understand
- respect people's right to make choices about their health
- work with family, carers and supporters while showing respect for patients
- provide safe care
- plan appointments to suit people's needs
- manage referrals well.

We trust this resource

We trust this resource because it is:

- Made with people with intellectual disability
- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Council for Intellectual Disability

A disability rights organisation led by people with intellectual disability.

- [Visit website](#)