

## Online training for professionals

*Just Include Me* is free online training for health professionals and others who support people with intellectual disability as part of their job.

The training can help you give better health care to people with intellectual disability.

It is self-paced. This means you can do it in your own time. You can use a phone, tablet, laptop or computer.

The training covers:

- person-centred care
- clear communication
- behaviour as communication
- reasonable adjustments
- consent and decision making
- virtual care.

The training uses health care examples and case studies. It can help you learn simple actions that make health care more inclusive.

NSW Health staff can do the training through HETI.

Other professionals can do the training for free through Medcast.

The training gives a certificate when you finish it.

You can learn more about why this training is important by hearing Laura's story in the video below.

## We trust this resource

We trust this resource because it is:

- Made with people with intellectual disability
- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you](#).

## **This resource was made by**

### **Council for Intellectual Disability**

A disability rights organisation led by people with intellectual disability.

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