

# Tools to help carers and other supporters talk about cancer screening

People with intellectual disability should have the same cancer screening tests as everyone else. That means that they may need:

- cervical screening
- breast screening
- bowel screening.

Some people feel embarrassed talking about these topics. But cancer screenings saves lives and people with intellectual disability should not miss out.

These tools can help you:

- say why cancer screening is important
- get ready to talk
- feel more relaxed about the topic.

The tools can help you feel prepared and be more relaxed.

## We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

**This resource was made by**

**Family Planning NSW**

Family Planning NSW helps people look after their sexual health. They give clinical services and health information to people in NSW.

- [Family Planning NSW](#)