

Fact sheet about urinary tract infections

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Urinary Tract Infection or UTI

One woman sits, looking sad. Another woman comforts her.

A urinary tract infection is a sickness in the parts of your body you use to wee.

A urinary tract infection is called a **UTI** for short.

The fact sheet says:

- the things you might feel if you have a UTI
- when to see a **doctor**

The fact sheet also says:

- things you can do to feel better
- things you can do to stop getting a UTI

If you think you have a UTI, you should see a doctor.

A urinary tract infection is a sickness that affects the parts of your body you use to wee. Urinary tract infections are sometimes called UTIs.

This fact sheet is written for women. The fact sheet says:

- the things that show you might have a UTI, like a burning feeling when you wee
- when to see a doctor and what the doctor might ask you to do
- things you can do to help yourself feel better
- what to do if your UTI comes back
- things you can do to stop getting a UTI, like how to wipe after you go to the toilet.

If you think you might have a UTI it is important to see a doctor.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Jean Hailes for Women's Health

Jean Hailes for Women's Health is a national not-for-profit dedicated to empowering women across Australia to enjoy their best health and wellbeing

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