

Resources for parents with intellectual disability

Positive Powerful Parents is a website that says that people with intellectual disability can be safe and loving parents.

Some parents may need:

- support from family, friends or health services
- plans to help them be the best parents they can be
- help working with child protection services.

The website has information and resources that can help. The website was made by people with lived experience.

We trust this resource

We trust this resource because it is:

- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Positive Powerful Parents

Positive Powerful Parents is a self **advocacy**

Advocacy is having your voice heard so your rights and needs are met.

An **advocate** is a person who speaks up to get you the support you need.

group run by and for parents with intellectual disability.

- [Visit](#)