

## **A free book about sexuality and the law for people of all abilities**

Community and disability groups made a book about sexuality rights. The book has words and pictures.

The book says that everyone has the same sexuality rights.

### **What are sexuality rights?**

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Sexuality rights mean that you have the right to:

- make choices about your body
- be free from violence
- have privacy
- be as healthy as you can be
- have safe, fun sexual experiences if that is what you want
- try new medicines or treatments, like new birth control
- be treated the same as everyone else.

### **What else is in the book?**

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The book has information about gender and sexuality, like being LGBTQIA+.

The book explains sexual health, healthy relationships and unhealthy relationships.

The book says:

- how to decide if you want to have children
- what children need.

The book says how to be safe when texting and using the internet. It explains what to do if you are the victim of a crime and what to do if you are charged with a crime.

The book was made by SECCA.

SECCA made different books for every state and territory in Australia, because different places have different laws. You should read the book that matches where you live.

When you follow the link to the SECCA website, scroll until you see “Download PDF”. Click on “Download PDF”. Then choose the right book for where you live.

## **We trust this resource**

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

## **This resource was made by**

### **SECCA**

SECCA is the Sexuality Education Counselling and Consultancy Agency. SECCA enriches the lives of people with disabilities through education and support about sexuality and relationships.

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